

BUCKLE UP....YOUR ADVENTURE IS ABOUT TO BEGIN WITH CANDY WHIRLEY





It Takes 4 To Tango

Confidence

Understanding Filters...

Eliminate Self-Sabotage

600 to 800 per minute!

75% NEGATIVE

Positive Self-talk

Negative Self-talk

A positive attitude is a powerful force.

-Anonymous

Communication

Break It Down!

Pitch/Tone

Actions

Six Barriers to Problem Solving

- Discounting entire message when one flaw is found with tone or body language
- Judging the messenger rather than evaluating the message
- Giving premature responses
- Listening for agreements rather than for understanding
- Wandering Mind
- Drive to be right



Communication cont.

Build Relationships

Are you a boss or a buddy?

How to ACE your feedback to anyone!

The ACE Approach

Appreciate

Change

Example



Creativity

It's as Easy as ABC

Attitude

Be present

Creative Genius

Change

It Takes 4 To Tango!

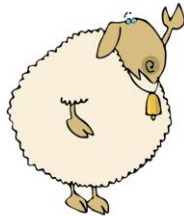
Chameleon



Lion



Lamb



Owl